



FocusedKids™

A Brain Empowerment Program

**PARENTING SERIES
VIA ZOOM**

Summer Advantage Parent Coaching Series

FocusedKids presents a three-week series for parents of students who are enrolled in Summer Advantage. Gather with other parents in a safe and calming setting. You will quickly find you are not alone in the struggles of raising kids! Experience more calm for yourself and help your family find happiness with more awareness about what is happening in your child's brain. This series of three consecutive sessions will be offered in Spanish and English.

Core Concepts

- How the developing brain impacts your child's behavior
- Recovering from meltdowns
- Mindful activities to use in your home for a less stressful environment

Series Includes Three Live Zoom Sessions:

- Thursday, July 1, 7-8 pm MST
- Thursday, July 8, 7-8 pm MST
- Thursday, July 15, 7-8 pm MST

Learn More

Visit focusedkids.org for more information and to register for these events. Contact amanda@focusedkids.org or yolanda@focusedkids.org with any questions.



**Summer
Advantage USA**

CLICK TO REGISTER



*Amanda
Petersen*



*Yolanda
Gonzales*